

CURRENT APPROVED ALTERNATIVE IN-SERVICE TRAINING LIST

For Foster, Relative, and Adoptive Parents

October 18th, 2013

The Indiana Department of Child Services (DCS) requires *each person who is issued a license to operate a resource family home* to successfully complete 15 hours of in-service training annually following completion of their initial licensure. Eight hours of credit is the most that can be earned through alternative in-service training when 15 hours are required.

DCS requires each *licensee who has a therapeutic certificate* to successfully complete 20 hours of in-service training annually, which includes 10 hours of training as required in order to be licensed as a resource parent and 10 hours of additional therapeutic training to meet the child's specific needs. Eight hours of credit is the most that can be earned through alternative in-service training when 20 hours are required.

The following steps are to be taken when fulfilling the alternative training hour requirement:

1. Verify that the alternative training activities are on the Current Approved Alternative In-Service Training list;
2. Contact their licensing worker to request approval of any non-approved training activities; and
3. Complete and submit an Alternative Training Verification (SF52643/CW2110) form to be approved by the licensing worker after reading a book or viewing a tape/video. <http://www.in.gov/dcs/3332.htm>
4. The licensing worker will maintain documentation for alternative in-service training requirement exceptions in an individual file at the DCS local office or LCPA office.

In-service training is available to prospective resource parents, licensed resource parents, prospective adoptive parents, DCS merit staff, and respite care providers. *All alternative in-service training must be related to the roles of the resource parent(s) in working with families and children* and be approved by the RAPT Management. Training hours will not be given nor will they be accepted for Quality Assurance purposes if they are not on the Approved Alternative In-Service Training list.

Please note that state and local, laws, policies, and procedures take precedence over any information found within these materials or at the approved web sites listed.

For those who are already licensed foster parents; *new training hours requirement will be explained at the time of annual review and effective for the coming year*

1. Total hours = 15

- a. At least 7 hours in person (face to face)
- b. Up to 8 hours may be alternative (online trainings, books, videos, etc.)
 - i. No more than 4 of the 8 alternative hours online from www.fosterparentcollege.com cost will be billed directly to DCS

2. Computer Access

- a. DCS Staff Development will work with community resources for those families who do not have readily available computer access

3. Training Location

- a. Trainings will continue to be offered on a regional basis
- b. Trainings will continue to be held in DCS offices, churches, libraries, community centers, etc.

4. Alternative Training Hours (State Form 52643)

- a. Completed form/request to be sent to your Regional Foster Care Specialist to be entered into MaGik, the DCS database.

5. Training Schedule

- a. Available online at www.in.gov/dcs under the Training link.
- b. Regional Foster Care Specialists will have a current calendar

BOOKS	AUTHOR	TOPIC	# of Pages	Credit Hours
A Brother's Journey: Surviving a Childhood of Abuse	Richard B. Pelzer	Surviving Child Abuse	272	4.50
A Chance in the World	Steve Pemberton	Foster Care: Growing up in foster care, system progress	272	4.5
A Chicken's Guide to Talking Turkey with Your Kids About Sex	Dr. Kevin Leman and Kathy Flores Bell	Talking about sex with teens	224	3.75
A Child Called "It"	Dave J. Pelzer	Physical Abuse Separation and Attachment	184	3.00
A Child's Journey Through Placement	Vera Fahlberg	Physical Abuse/Separation/Attachment	396	6.50
A Man Named Dave: A Story of Triumph & Forgiveness	David J. Pelzer	Physical Abuse - Substance Abuse Separation and Attachment	284	4.75
A New Kid by Friday	Dr. Kevin Leman	Strategies for changing child's behavior	289	5.00
A Piece of Cake	Cupcake Brown	Surviving Abuse,	500	8.0
A Teenager's Journey: Overcoming a Childhood of Abuse	Richard B. Pelzer	Surviving Child Abuse	240	4.00
Abused Boys: The Neglected Victims of Sexual Abuse	Mic Hunter	Sexual abuse of boys	352	5.75
Active Parenting	Michael Popkin	Parenting	163	2.75
ADHD Book: Living Right Now!	Martin L. Kutscher	Parenting ADHD	136	2.25
Adolescence: A Guide for Parents	Erin Shale, Michael Carr-Gregg,&Ron Tandberg	Parenting	240	4.00
Adolescence is Not an Illness	Bruce Narramore	Parenting	176	3.00
Adolescent Sexuality, Pregnancy, and Parenting:	Selected	General	60	1.00

	Readings CWLA			
Adopting: Sound Choices, Strong Families	Patricia Irwin Johnston	Adoption	543	8.00
Adopting the Hurt Child: Hope for Families with Special Needs Kids	Gregory C. Keck, PhD. & Regina M. Kupecky, LSW	Adoption - Parenting Separation and Attachment	205	3.50
Adopting the Older Child	Claudia Jewett	Adoption	308	5.00
Adoption	The Future of Children	Adoption	182	3.00
All About Attention Deficit Disorder	Thomas W. Phelan, Ph.D.	Parenting – Attention Deficit	172	3.00
All About Attention Deficit Disorder: Symptoms, Diagnosis, and Treatment: Children and Adults	Thomas W. Phelan, Ph.D.	Parenting – Attention Deficit	248	4.00
Angry Kids, Frustrated Parents	Terry L. Hyland	Parenting	172	3.00
Another Place at the Table	Kathy Harrison	Foster Parenting	256	4.25
An Unlit Path	Deborah, L Hannah	Fostering	272	4.50
Ask Supernanny: What Every Parent Wants to Know	Jo Frost	Parenting difficult children	224	3.75
Attaching in Adoption: Practical Tools for Today's Parents	Deborah D. Gray	Parenting/Attachment	392	6.50
Attachment Disorders: Treatment Strategies for Traumatized Children	Catherine Swanson Cain	Attachment Disorder	248	4.00
Attachment-Focused Parenting: Effective Strategies to Care for Children	Daniel Hughes PhD	Effective Attachment Strategies	194	3.25
Attachment, Trauma, and Healing: Understanding and Treating Attachment Disorder in Children and Families	Terry M. Levy & Michael Orlans	Attachment Theory , Healthy Attachment, case examples	278	4.50
Awakening Children's Minds: How Parents and Teachers Can Make a Difference	Laura E. Burk	Parenting	320	5.25
Back on Track: Boys Dealing with Sexual Abuse	Leslie Bailey Wright	Sexual Abuse	126	2.00
Before You Were Mine: Discovering Your Adopted Child's Lifestory	Susan TeBos & Carissa Woodwyk	Post-adoption lifebook creation	180	3.00
Beginning to Heal	Ellen Bass & Laura Davis	Adoption - Sexual Abuse	125	2.00
Being Adopted	Dr. Brodzinsky, Dr. Schechter & R. Henig	Adoption -Persons who are and will be adopting a child at any age	202	3.25
Beyond Consequences, Logic, and Control: A Love-Based Approach to Helping Attachment-Challenged Children With Severe Behaviors	Heather T. Forbes and B. Bryan Post	Attachment: Strategies for parenting	127	2.00
Birth to Three: A Self-Help Program for New Parents	Andy Fischhoff	Development - Parenting	276	4.50
Black Baby White Hands: A View from the Crib	Jaiya John	Adoption	350	5.75
Body language of the Abused Child	Jacqueline A. Rankin	General – Sexual Abuse	271	4.50

Boundaries with Kids	Henry Cloud, John Townsend	Behavior Boundaries	224	3.75
Boy in the Basement	Susan Shaw	Psychological Healing	198	3.0
Boys Will Be Boys	Myriam Miedzian	Parenting	353	6.00
Building the Bonds of Attachment: Awakening Love in Deeply Troubled Children	Daniel A. Hughes	Attachment in Children	272	4.50
Calming the Family Storm: Anger Management for Moms, Dads, and All the Kids	Gary D. McKay and Steven A. Maybell	Family Anger Management	320	5.25
Can This Child Be Saved? Solutions For Adoptive and Foster Families	Foster W. Cline	Adoptive/foster solutions	357	6.00
Caring For Kids	Riley Hospital for Children	General	241	4.00
Caring for Sexually Abused Children: A Handbook for Families and Churches	Dr. R. Timothy Kearney	Parenting – Sexual Abuse	139	2.25
Center for Brilliance: Yours and Your Children	Larry Koenig, PH.D.	General	59	1.00
Changing Children's Behavior by Changing the People, Places and Activities in Their Lives	Richard L. Munger	Behavior	250	4.00
Child Abuse and Culture: Working With Diverse Families	Lisa Aronson Fontes	Diversity- things to consider when working with people from various cultures	239	4.00
Child Lures: What Every Parent and Child Should Know About Preventing Sexual Abuse and Abduction	Kenneth Wooden	Parents preventing sexual abuse	100	1.50
Children: The Challenge	Rudolf Dreikurs, M.D.	Adoption - Parenting	335	5.50
Children with Autism: A Parent's Guide	Michael D. Powers	Autism- gives advice in behavioral modification and how to choose for medical providers to ensure that they are sensitive to the concerns of their child and their family.	427	7.00
Choices and Consequences: What to do when a Teenager Uses Alcohol/Drugs?	Dick Schaefer	Parenting – Alcohol/Drugs	176	3.00
Clinical Practice of Cognitive Therapy with Children and Adolescents: The Nuts and Bolts	Robert D. Friedberg and Jessica M. McClure	General	354	6.00
Come Play with Me! Effective Parent-Child Play: Using structured playtime to interact with young children and practice useful parenting skills	Dr. Kelli B. Ritter	Parenting	89	1.50
Coming to grips with Attachment- The guidebook for developing mutual well- being in parent-child relationships	Katharine Leslie	Attachment	152	2.5
Complete Idiot's Guide to Adoption (The Complete Idiot's Guide)	Chris Adamec	Adoption	416	7.00
Conscienceless Acts / Societal Mayhem	Foster Cline, M.D.	Separation and Attachment	336	5.50
Counterfeit Son	Elaine Marie	Psychological freedom	192	3.00

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Critical Issues for Children & Youth	The Future of Children	General	137	2.25
Cry Out	Dr. Phil Quinn	Physical Abuse - Sexual Abuse- realistic depiction of what happens in some children's lives	200	3.25
Cry Softly!: The Story Of Child Abuse	Margaret O. Hyde	Physical Abuse - Sexual Abuse	117	2.00
Damaged	Cathy Glass	Surviving Child Abuse	309	5.00
Damaged Angels: An Adoptive Mother's Struggle to Understand the Tragic Toll of Alcohol in Pregnancy	Bonnie Buxton	Fetal Alcohol Spectrum Disorder	336	5.50
Dandelion on My Pillow, Butcher Knife Beneath	Nancy Thomas, Terena Thomas, and Beth Thomas	Foster parents will be able to gain a lot of information on why kids act the way they do when they are hurting	239	4.00
Despair Turned Into Rage: Understanding and Helping Abused, Neglected, and Abandoned Youth	Paul Levin & Cynthia Park	General	108	1.75
Different and Wonderful: Raising Black Children in a Race Conscious Society	Dr. Darlene Powell-Hopson & Dr. Kerek Hopson	Parenting - Diversit	207	3.50
Discipline: 101 Alternatives to Spanking	Dr. Alvin Price	Parenting – Discipline	172	2.75
Discipline That Works – 5 Simple Steps	Joyce Divinyi	Parenting - Discipline	117	2.00
Discipline Without Shouting or Spanking	Dr. Wyckoff & B.C. Unell	Parenting - Discipline	133	2.25
Discipline Without Tears	Rudolf Dreikurs, M.D.	Parenting – Discipline	47	.75
Don't Touch My Heart: Healing the Pain of an Unattached Child	Lynda Gianforte Mansfield and Christopher H. Waldmann	Parenting an Unattached Child	121	2.00
Driven To Distraction	Dr. Hallowell & Dr. Ratey	Parenting	285	4.75
Ellen Foster	Kaye Gibbons	Foster Care	144	2.50
Emotional Intelligence- Why it Can Matter More Than IQ	Daniel Goleman	Emotional intelligence	384	6.50
Every Child Deserves a Champion Including the Child Within You	Bob Danzig	General	187	3.00
Families First: Your Step-by-Step Plan for Creating a Phenomenal Family	Dr. Phil McGraw	Family	304	5.00
Families at Risk	Jodee Kulp	General	399	6.75
Filling in the Blanks: A Guided Look at Growing Up Adopted	Susan Gabel	Growing up adopted	149	2.50
Finding Fish	Antwone Q. Fisher & Mim E. Rivas	Abandonment & Physical Abuse	262	4.25
Foster Care – The Changing Family	Nancy Millichap Davies	Foster care	112	1.75

Fostering or Adopting the Troubled Child: A Guide for Parents and Professionals	Janet Clayton Glatz	Fostering and Adoption guide	170	2.75
From Victim to Victory	Dr. Phil Quinn	Sexual and Physical Abuse	157	2.75
Get a Clue!: A Parents' Guide to Understanding and Communicating With Your Preteen	Ellen Rosenberg	Parenting	352	6.00
Getting Comfortable with Special Education Law: A Framework for Working with Children with Disabilities	Dixie Snow Huefner	Working with Children with Disabilities	400	6.50
Ghost Girl	Torey Hayden	Physical/Sexual Abuse	416	7.00
Giving the Love That Heals	Harvel Hendricks & Helen Hunt	Parenting - Communication	357	6.00
Good For Me	Nancy & John McNeely	Parenting	126	2.00
Grand parenting With Love & Logic	Foster Cline & Jim Fay	Parenting	279	4.50
Gus Chronicles: Reflections of An Abused Kid	Charles Applestein, MSW & (Gus Studelmeyer)	Insight into a child's mind Communication	155	2.50
Handbook of Attachment Interventions	Terry M. Levy	Working with Attachment Disorders	289	5.00
Healing the Hurt Child: A Developmental-Contextual Approach	Denis M. Donovan and Deborah McIntyre	Developmental	310	5.00
Healthy Sleep Habits: Happy Child	Marc Weissblueth, M.D.	Parenting	175	3.00
Help Me To Help My Child: A Sourcebook for Parents of Learning Disabled Children	Jill Bloom	Learning Disabilities - Parenting	324	5.50
Help Your Teenager Beat an Eating Disorder	James Lock	Parenting	295	5.00
Help Yourself for Teens: Real-Life Advice for Real-Life Challenges	Dave Pelzer	Parenting Teenagers	208	3.50
Helping Children Cope With Separation and Loss	Claudia Jewett	Separation and Attachment	266	4.50
Helping the Child Who Doesn't Fit In	Stephen Nowicki and Marshall P. Duke	Children who are misunderstood	178	3.00
Helping Your Angry Child	Darlyne Gaynor Nemeth	Parenting	200	3.25
Helping Your Hyperactive/ADD Child	John F. Taylor PhD	Parenting – Child disabilities	496	8.00
High Risk: Children Without a Conscious	Dr. Ken Magid & Carole A. CmKelvey	Separation and Attachment	361	6.00
Homework Without Hassles	Larry Koenig, PhD	Parenting - Homework	40	.75

Hope's Boy: A Memoir	Andrew Bridge	Parenting – Foster Care	320	5.25
How to Do Homework Without Throwing Up	Trevor Romain and Elizabeth Verdick	Parenting - Homework	72	1.25
How To Get Your Kids to Clean Their Rooms	Dr. Henry Isaksen	Parenting – Communication	145	2.50
How to Handle a Hard-to-Handle Kid: A Parents' Guide to Understanding and Changing Problem Behaviors	Drew Edwards	Parenting	264	4.50
How To Raise a Street Smart Child	Grace Hechinger	Parenting	175	3.00
How To Raise Good Children	Laurel Hughes	Parenting	144	2.50
How to Raise Happy, Loving, Emotionally Intelligent Kids	Tamyra Bourgeois, PH.D.	Parenting	306	5.00
How To Talk So Kids Will Listen and Listen So Kids Will Talk	Adele Faber & Elaine Mazlish	Parenting – Communication	234	4.00
How to Talk to Children About Really Important Things	Charles E. Schaefer	Parenting	176	3.00
How Your Child is Smart: A Life Changing Approach to Learning	Dawna Markova	Parenting – Learning Disabilities	204	3.50
I Didn't Ask to be in This Family	Abraham J. Twerski, M.D.	Adoption - Parenting	113	1.75
I Have a Story to Tell	Marsallie Arbuckle	Foster Care: Growing up in care	248	4.0
I Will Never Give Up	Derek W. Clark	Living in foster care	300	5.00
If Your Adolescent Has Depression or Bipolar Disorder: An Essential Resource for Parents (Adolescent Mental Health Initiative)	Dwight L. Evans and Linda Wasmer Andrews	Emotional Understanding	208	3.50
Infant Massage	Vimala Schneider	Parenting – Development	223	3.75
Is It "Just a Phase"?	Susan Anderson Swedo and Henrietta L. Dr Leonard	Understanding Child Behaviors	368	6.00
Joey's Story	Ruth Ann Stelfox	A traumatized child's journey through foster care	640	8max
Journeys After Adoption: Understanding Lifelong Issues	Jayne Schooler and Betsie Norris	Adoption	312	5.25
Keys to Parenting Your Teenager	Don Fontenelle Ph.D.	Parenting Teenagers	228	4.00
Kids Helping Kids Break the Silence of Sexual Abuse	Linda Lee Foltz	Sexual Abuse: Stories from children telling their experience of either being a survivor of sexual abuse or being	142	2.25

		involved with another person who has been sexually abused.		
Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and More!: The One Stop Guide for Parents, Teachers and Other Professionals	Martin L. Kutscher, Robert R. Wolff, and Tony Attwood	ADHD, LD, Asperger, Tourette's, and Bipolar symptoms	224	4.00
Kids, Parents, and Power Struggles: Winning for a Lifetime	Mary Sheedy Kurcinka	Parenting	336	5.50
Kids Who Outwit Adults	Dr. John Seita and Larry K. Brendtro	Child anger/sabatage	184	3.00
Learning Disabilities and ADHD	Betty B. Osman, PhD.	Parenting - Learning Disabilities	219	3.50
Learning the Dance of Attachment (to order on-line: http://www.crossroadsadoption.com/Portals/0/docs/Web%20Book%20Ad.pdf)	Holly van Gulden and Charlotte Vick	Attachment and Adoption	114	2.00
Life All Around Me (Sequel to Ellen Foster)	Kaye Gibbons	Post Adoption	218	3.75
Life For Me Ain't Been No Crystal Stair	Susan Sheehan	Foster Care	192	3.25
Like Family: Growing up in Other People's Houses: A Memoir	Paula McLain	Foster Care: insight to growing up in foster care	288	4.5
Little Girls Can Be Mean: Four Steps to Bully-proof Girls in the Early Grades	Michelle Anthony & Reyna Lindert	Helping your foster daughter respond to bullying	275	4.5
Love and Logic Magic for Early Childhood: Practical Parenting from Birth to Six Years	Jim Fay	Parenting	175	3.00
Loving Our Kids on Purpose	Danny Silk	Parenting	185	3.00
Making Sense of Adoption: A Parent's Guide	Lois Melina	Adoption – Parenting	219	3.50
Middle Childhood (Ages 7-12)	James Herz	Parenting the 7 – 12 year old	216	3.50
New Skills for Frazzled Parents: The Instruction Manual That Should Have Come With Your Child	Daniel J. Amen, MD	Parenting	129	2.00
No Such Thing as a Bad Kid	Charles Appelstein, MSW	Parenting – Communication	270	4.50
No: Why Kids--of All Ages--Need to Hear It and Ways Parents Can Say It	David Walsh	Parenting	336	5.50
Nurturing Adoptions: Creating Resilience After Neglect and Trauma	Deborah D. Gray	Adoption	510	8.00
Older Child Adoption	Grace Robinson	Adoption	180	3.00
On Becoming Preteen Wise: Parenting Your Child from 8-12 Years	Gary Ezzo , Robert Bucknam	Parenting	240	4.00
On Their Own: What Happens to Kids When They Age Out of the Foster Care System	Martha Shirk and Gary Stangler	Teens aging out of foster care	287	4.75
One Child	Torey L. Hayden	Understanding behaviors of children that are Abandoned/Abused and how to advocate for them	336	5.50
One Small Boat: The Story of a Little Girl, Lost Then Found	Kathy Harrison	Foster Parenting	224	3.75

Orphans of the Living: Stories of Americas Children in Foster Care	Jennifer Toth	Foster Care	320	5.25
Our America: Life and Death on the South Side of Chicago	LeAlan Jones, Lloyd Newman and David Isay	Growing up in poverty	201	3.25
Our Own: Adopting & Parenting the Older Child	Trish Maskew	Adoption	259	4.25
Outgrowing the Pain: A Book For and About Adults Abused As Children	Eliana Gil	Physical and Sexual Abuse	84	1.50
Parenting Adopted Adolescents: Understanding and Appreciating Their Journeys	Dr. Gregory C. Keck	Parenting strategies for adopted teens	220	4.00
Parenting for Prevention	David J. Wilmes	Parenting	252	4.25
Parenting from the Inside Out	Daniel Siegel and Mary Hartzell	Parenting	272	4.50
Parenting Is Your Highest Calling: And Eight Other Myths That Trap Us in Worry and Guilt	Leslie Leyland Fields	Parenting	240	4.00
Parenting the Hurt Child: Helping Adoptive Families Heal and Grow	Gregory Keck	Parenting	295	5.00
Parenting Teens with Love & Logic	Foster Cline	Parenting teens	303	5.00
Parenting Through Crisis, Helping Kids in Time of Loss, Grief, and Change	Barbara Coloroso	Helping children through grief and loss	256	4.25
Parenting With Love And Logic	Foster W. Cline and Jim Fay	Parenting	271	4.50
Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love	Scott P. Sells	Teenagers	368	6.00
Parents Are Teachers Too	Claudia Jones	Parenting – Development	407	6.75
Parents in Prison: Children in Crisis	Cynthia Beatty	General	37	.50
Parents, Teens, and Boundaries: How to Draw the Line	Jane Bluestein	Parenting	200	3.25
Pictures of Hollis Woods	Patricia Reilly Giff	Foster Care	176	3.00
Please Stop Laughing at Me: One Woman's Inspirational Story	Jodee Blanco	Bulling	276	4.50
Please Stop Laughing at Us	Jodee Blanco	Bullying	443	7.0
Positive Child Guidance	Darla Ferris Miller	Parenting	384	6.50
Positive Discipline A-Z: 1001 Solutions to Everyday Parenting Problems	Jane Nelsen Ed.D., Lynn Lott and H. Stephen Glenn	Parenting	336	5.50
Positive Discipline for Single Parents : Nurturing, Cooperation, Respect and Joy in Your Single-Parent Family	Jane Nelsen Ed.D., Cheryl Erwin, and Carol Delzer	Single-parent Parenting	272	4.50
Positive Discipline For Teenagers	Jane Nelsen & Lynn Lott	Communication – Discipline	430	7.00
Positive Parenting with a Plan (Grades K-12): F.A.M.I.L.Y. Rules	Dr. Matthew A. Johnson	Parenting	190	3.00
Positive Pushing: How to Raise a Successful and Happy Child	Jim Taylor	Parenting	304	5.00
Positive Self Talk For Children	Douglas Block	Communication – Discipline	325	5.50

Positive Time-Out: And Over 50 Ways to Avoid Power Struggles in the Home and the Classroom	Jane Nelsen	Parenting	175	3.00
Practical Tools for Foster Parents (Common Sense Parenting)	Lana Temple-Plotz	Parenting	309	5.00
Preparing Adolescents for Life After Foster Care: The Central Role of Foster Parents	Anthony N. Maluccio, Robin Krieger, and Barbara A. Pine	Parenting Teens	225	3.75
Protecting and Parenting Sexually Abused Children	Rick Morris	Sexual Abuse; practical ideas that foster parents can utilize immediately into their homes	101	1.75
Questions Adoptees Are Asking: ...about beginnings...about birth family...about searching...about finding peace	Sherrie Eldridge	Supporting the adopted child	288	4.50
Raise the Blue: The Practical and Humorous Guide to Foster and Kinship Care	Marcia Sindone, Foster Parent	Parenting	399	6.75
Raising A Child Who Has a Physical Disability	Donna G. Albrecht	Raising children with disabilities	228	4.00
Raising A Modern-Day Knight: A Father's Role in Guiding His Son to Authentic Manhood	Robert Lewis	Father Parenting	194	3.25
Raising A Moody Child: How to Cope with Depression and Bipolar Disorder	Mary A Fristad	Parenting	260	4.25
Raising A Responsible Child	Dr. Don Dinkmeyer & Dr. Gary D. McKay	Parenting	256	4.25
Raising Adopted Children: A Manual For Adoptive Parents	Lois Melina	Adoption - Parenting	274	4.50
Raising Cain: Caring for Troubled Youngsters, Repairing Our System	Richard Delaney	Parenting	135	2.25
Raising Our Children's Children	Deborah Doucette-Dudman	Parenting - Kinship	256	4.25
Raising The Rainbow Generation	Dr. Powell-Hopson & Dr. Hopson	Parenting – Diversity	192	3.25
Raising Young Children Well: Insights and Ideas for Parents and Teachers	Sandra Radzanower et.al.	Parenting	224	3.75
Raising Your Child Not by Force but by Love	Sidney D. Craig	Parenting	192	3.25
Real Love in Parenting	Greg Baer	Parenting	412	7.00
Rebuilding Children's Lives: A Blueprint for Treatment Foster Parents	Ray V. Burke, Ron W. Herron, Mariam A. Mott, and Christena B. Baker	Parenting	294	5.00
Recognizing and Managing Children With FAS/FAE: A Guidebook	Brenda McCreight	Parenting – Fetal Alcohol Syndrome	153	2.50
Recognizing Child Abuse: A Guide for the Concerned	Douglas J.	Child Abuse	270	4.50

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Redirecting Children's Behavior	Kathryn Kvols	Discipline, how to communicate	225	3.75
Reflection Pond	Jaiya John	Culture, Identity and Healing	228	3.75
Relatives Raising Children: An Overview of Kinship Care	Joseph Crumbley & Robert L. Little	Parenting	119	2.00
Renegade Saint	Dr. Phil Quinn	Child Abuse Survivor	222	3.75
76 Ways to Protect your Child from Crime	J.J. Simmons & George McCall	Parenting	207	3.50
Search To Belong	Christmas C. Kaufman	Living in foster care	120	2.00
Self-Esteem Revolutions in Children: Understanding and Managing the Critical Transitions in Your Child's Life	Thomas Phelan	Self-esteem in children	173	3.00
Sexual Abuse of Children	The Future of Children	Parenting – Sexual Abuse	246	4.00
Sexualized Child in Foster Care	Sally G. Hoyle	Child Abuse	115	2.00
Show and Tell	Karen Vanderlaan	Child Abuse	267	4.50
Siblings Without Rivalry, How to Help Your Children Live Together So You Can Live Too	Adele Faber & Elaine Mazlish	Parenting	219	3.75
Simple Secrets of Parenting: Easy as ABC	John Q. Baucom	Parenting	53	.75
Small Feats: Unsung Accomplishments & Everyday Heroics of Foster & Adoptive Parents	Dr. Richard J. Delaney, Ph.D.	Caregiver Challenges	92	1.50
Smart Parenting For African-Americans: Helping Your Kids Thrive in a Difficult World	Jeffrey Gardere PH.D.	Parenting	200	3.25
Solve Your Child's Sleep Problems	Richard Ferber	Parenting	464	7.75
Spare the Rod	Dr. Phil Quinn	Child Abuse	191	3.00
Speaking of Boys: Answers to the Most Asked Questions About Raising Sons	Michael Thompson, Joanne Wyckoff	Answering your questions about raising a son	352	5.75
Special Education For Students With Disabilities	The Future of Children	Parenting – Learning Disabilities	173	3.00
Staying Connected to Your Teenager: How to Keep Them Talking to You and How to Hear What They're Really Saying	Michael Riera	Parenting	260	4.25
Surviving Childhood Sexual Abuse	Carolyn Ainscough, Kay Toon	Overcoming Sexual Abuse	281	4.75
Surviving Your Adolescents: How to Manage-and Let Go of-Your 13-18 Year Olds	Thomas W. Phelan	Coping with adolescents	176	3.00
Taking Charge: Caring Discipline That Works -- At Home and at School	Jo Anne Nordling	Parenting and Discipline	340	4.00
Talking With Young Children About Adoption	Mary Watkins & Susan Fischer	Adoption – Communication	257	4.25

Teaching Your Children Responsibility	Linda & Richard Eyre	Parenting	179	3.00
Telling the Truth to Your Adopted or Foster Child: Making Sense of the Past	Jayne Schooler and Betsy Keefer	Adoption	256	4.25
Ten Things – Every Child with Autism Wishes You	Ellen Notbohm	Autism	111	1.75
Thank God I'm Natural		African-American Hair Care	237	4.0
That's My Child: Strategies for Parents of Children with Disabilities	Lizanne Cooper	Parenting	189	3.00
The 5Love Languages of Children	Gary Chapman & Ross Campbell	Communicating with your child	221	3.75
The ADD Advantage: How to Bring Out the Best in ADD/ADHD Children	Craig M. Pourcia, M.A	Parenting	62	1.00
The ADHD Handbook: A Guide for Parents and Professionals on Attention Deficit/Hyperactivity Disorder	Alison Munden	Attention Disorders	164	2.75
The Adoption Resource Book 4th edition	Lois Gilman	Adoption	592	8.00
The Baby Book – Everything You Need to Know About Your Baby From Birth to Age Two	William & Martha Sears	Parenting – Development	704	8.00
The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder	Demitri Papolos Md (Author), Janice Papolos	Bipolar Child	496	8.00
The Boy From the Basement	Susan Shaw	Psychological healing	208	3.50
The Boy Who Was Raised As a Dog: And Other Stories from a Child Psychiatrist's Notebook: What Traumatized Children Can Teach Us About Loss, Love and Healing	Bruce D. Perry	Parenting	288	5.000
The Broken Cord	Michael Dorris	Adoption – Separation & Attachment	281	4.50
The Color of Water: A Black Man's Tribute to His White Mother	McBride James	Bi-racial heritage	165	2.75
The Connected Child	Kathryn Puvis PHD, David Cross PHD, Wendy Lyons	Adoption/Attachment	234	4.0
The Complete IEP Guide: How to Advocate for Your Special Ed Child	Lawrence M. Siegel	Advocating for Special Ed Child	384	6.50
The Complete Kwanzaa: Celebrating Our Cultural Harvest	Dr. Winbush Riley	Cultural Diversity	400	6.50
The Difficult Child	Stanley Turecki & Leslie Tonner	Parenting: discipline techniques, brain development	302	5.00
The Everything Parent's Guide To Children With Asperger's Syndrome: Help, Hope, And Guidance (Everything: Parenting and Family)	William Stillman	Parenting Child with Asperger's Syndrome	301	5.00
The Everything Parents Guide to Sensory Integration	Terri Mauro	Parenting	303	5.00
The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children	Ross W. Greene	Parenting	320	5.25
The Golden Rule of Parenting	Dr. Phil Quinn	Parenting	206	3.50
The Gus Chronicles II	Charles D. Appelstein	Insight to children in conflict	185	3.00

The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful, and Cooperative One- to Four-Year-Old	Harvey Karp	Parenting	292	5.00
The Heart Knows Something Different	Edited by Al Desetta	Communication	211	3.50
The Hidden Child: Youth With Autism (Youth With Special Needs)	Sherry Bonnice	Autism	128	2.00
The Johnathon Letters	Michael Trout	Attachment; Adoption	185	3.0
The Kid **VERY GRAPHIC**	Sapphire	Child Abuse	374	6.0
The Limits of Hope: An Adoptive Mother's Story	Ann Kinble Loux	Adoption – Parenting	266	4.50
The Lost Boy: A Foster Child's Search for the Love of a Family	David J. Pelzer	Separate/Attach/Phys/Substance Abuse	340	5.50
The Making of a Happy Family	Larry Koenig, Ph. D.	Parenting	47	.75
The Martian Child: A Novel About A Single Father Adopting A Son	David Gerrold	Adoption/FAS	192	3.25
The Misunderstood Child: Understanding and Coping with Your Child's Learning Disabilities FOURTH EDITION	Larry B. Silver M.D.	Parenting children with learning disabilities	432	7.00
The Mulberry Bird	Ann Brodzinsky	Adoption	48	.75
The New Strong-willed Child: Birth Through Adolescence	Dr. James C. Dobson	Parenting	219	3.75
The Newborn Mother: Stages of Her Growth	Andrea Boroff Eagan	Parenting – Communication	208	3.50
The Oasis Guide to Asperger Syndrome Advice, Support, Insight, & Inspiration	Patricia Romanowski	Asperger Syndrome	486	8.0
The Orphan Trains: Placing Out in America	Marilyn Irvin Holt	Foster Care History	248	4.00
The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder	Carol Stock Kranowitz and Lucy Jane Miller	Sensory Integration	384	6.50
The Privilege of Youth: A Teenagers Story	David J. Pelzer	Courage and Triumph	240	4.00
The Resilience Revolution: Discovering Strengths in Challenging Kids	Larry Brendtro	How to help children recover from adversity	158	2.75
The Rules of Survival	Nancy Werlin	Children with conflicting feeling towards abusive parents	259	4.00
The Safe Child Handbook: How to Protect Your Family and Cope with Anxiety in a Threat-Filled World	John S Dacey and Lisa B Fiore	Parenting	224	3.75
The Scream of the Butterfly: The Challenge of Substitute Parenting	Gary C. Barnett	Children in Substitute care	245	4.0
The Sexual Abuse of Children and Adolescents	Hyde/Forsythe	Sexual Abuse	81	1.5
The Sexualized Child in Foster Care	Sally Hoyle	Sexual Abuse	108	2.00
The Spirit Catches You and You Fall Down	Anne Faidman	Cultural, communication between foster family and biological family	200	3.25
The Spirit of Open Adoption	James L. Gritter	Adoption	306	5.00
The Supportive Foster Parent	Dr. Kalyani Gopal	Foster Parent Empowerment	107	1.5
The Ten Most Troublesome Teen-Age Problems: And How to Solve Them	Lawrence Bauman and Robert Riche	Teenagers	240	4.00
The Throwaway Piece	Jo Ann Yolanda	Foster Care	246	4.00

	Hernandez			
The Unbreakable Child	Kim Michele Richardson	insight into the life of abuse, the strength to overcome it, the hurt of addictions, and the power of supports	240	4.00
The Well Adjusted Child	Dr. Phil Quinn	Parenting – Communication	150	2.50
The Whole Life Adoption Book: Realistic Advice for Building a Healthy Adoptive Family	Jayne E. Schooler, Thomas C. Atwood	Adoption	267	4.50
They Cage the Animals at Night	Jennings Michael Burch	Autobiographical Memoir: lack of stability & effects of that some children experience in the child welfare system	244	4.00
Three Little Words: A Memoir	Ashley Rhodes-Courter	Memories of being in foster care	320	5.25
To Love A Child	Marianne Takas & Edward Warner	Parenting – Adoption	203	3.25
Together Again: Family Reunification in Foster Care	Barbara A. Pine, Robin Warsh, Anthony N. Maluccio	Birth Parent Reunification	215	3.50
Tough love	Phyllis Yourk, David Yourk, & Ted Watchtel	Parenting – Communication	210	3.50
Trans-racial Adoption and Foster Care: Practice Issues for Professionals	Joseph Crumbley	Adoption and Foster Care	158	2.75
Traumatic Experience and the Brain	Dave Ziegler	trauma on the developing brain	174	3.00
Troubled Transplants: Unconventional Strategies for Helping Disturbed Foster & Adopted Children	Richard J. Delaney, Ph.D. and Frank R. Kunstal	Parenting - Behavior	123	2.00
Try and Make Me!: Simple Strategies that turn off the Tantrums	Ray Levy	Parenting - Behavior	256	4.25
Twenty Life Transforming Choices Adoptees Need to Make	Sherrie Eldridge	Support for adopted child	240	4.00
Twenty Things Adopted Kids Wish Their Adoptive Parents Knew	Sherrie Eldridge	Support for adopted child	240	4.00
20 Things Adoptive Parents Need to Succeed.. Discover the Unique Need of Your Adopted Child and Become the Best Parent You Can	Sherrie Eldridge	Support for adoptive parents	320	5.25
Understanding Yourself & Others	Bill & Kathy Kvals-Riedler	Parenting – Development	275	4.50
Walk a Mile in My Shoes: A Book About Biological Parents for Foster Parents and Social Workers	Judith A. B. Lee	Parenting	87	1.50
Wait No More	Kelly & John Rosati	Adoption- A couple's journey through the fostering and adoption process.	175	3.00
Wayne : An Abused Child's Story of Courage, Survival, and Hope	Leslie Alan	Abused Child's Story	224	3.75

	Horvitz and Wayne Theodore			
Welcome Home: A Guide for Adoptive, Foster, and Treatment Foster Parents	Christopher J. Alexander	Parenting Guidance	282	4.75
What All Children Want Their Parents to Know: Twelve Keys to Successful Parenting	Diana Loomans, Dr. Bernie S. Siegel, and Julia Loomans	Parenting	256	4.25
What Am I Feeling?	John Gottman	Emotions - Behavior	48	.75
What Every Baby Knows	Dr. T. Berry Brazelton	Parenting – Behavior	272	4.50
What to Expect the Toddler Years	Heidi Murkoff, Arlene Eisenberg & Sandee Hathaway	Covers the years 2-3 of a child's life	885	8.00
When a stranger calls you mom-A child development and relationship perspective on why traumatized children think, feel, and act the way they do	Katharine Leslie	Attachment	235	4.0
When Anger Hurts Your Kids: A Parent's Guide	Patrick Fanning	Parenting	176	3.00
When Dad Hurts Mom: Helping Your Children Heal the Wounds of Witnessing Abuse	Lundy Bancroft	Understanding the Complex Dynamics of Domestic Violence	384	6.5
When Love Is Not Enough: A Guide to Parenting Children with RAD	Nancy L. Thomas	Reactive Attachment Disorder	148	2.50
When Your Child Drives You Crazy	Eda J. LeShan	Parenting	393	6.50
When Your Child Has Learning Disabilities	Dr. Fisher & Dr. Cummings	Parenting – Learning Disabilities	144	2.50
White Oleander	Janet Fitch	Emotional & Physical Abuse	480	8.00
Who's Raising Your Child?: Battling the Marketers for Your Child's Heart and Soul	Laura J. Buddenberg & Kathleen M. McGee	Child Raising issues – Media influence on children	180	3.00
Why Does He Do That: Inside the Minds of Angry and Controlling Men	Lundy Bancroft	Domestic Violence; better understand what a child has seen/experienced, why the mother may choose to stick around, & why the perpetrator may appear to be a really great person/father	432	7.25
Wounded Children Healing Homes	Jayne Schooler, Betsy Keefer & Timothy Callahan	Adoptive parents caring for children that have experienced trauma.	272	4.50
Working with Traumatized Children: A Handbook for Healing	Kathryn Brohl	Abuse and Neglect	96	1.50
Youth Work Resources: Foster Youth Share Their Ideas for Change	Janet Knipe & Joy Warren	General	45	.75
Zimmy's Guide to All Kids Needs	Zimmy Zimberg	Parenting	121	2.00

AUDIO TITLE	DEVELOPED BY	TOPIC	LENG	Credit
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From Chaos to Calm: Emotional Regulatory Healing: A full LIVE lecture recording http://www.in.gov/dcs/files/TakingItHomeASurvivalToolKitforParents102011.pdf	Juli Alvarado, MA, LPC, NCC	“insights and understanding of your child’s behaviors, and most importantly what to do with them”	6 hrs	6 hrs
Regulation Is Relationship Dependent	Juli Alvarado, MA, LPC, NCC			
Meeting the Nine Emotional needs of Foster and Adoptive Children	Juli Alvarado, MA, LPC, NCC			
VIDEO TITLE	DEVELOPED BY	TOPIC	LENG TH	Credit Hour
Adoption and Foster RX – Solutions for Wounded Families: Disarming Difficult Behaviors, Learning to Re-Parent, Understanding Food and Sleep Issues, Dealing with Lying and Stealing, Preparing Your Teen for Adulthood and Tag-Team Parenting	Terry Meeuwssen	See Title 7 Sessions	42	.75 each
African-American and Biracial Hair Care - DVD	contactus@adoptionaccents.com	African-American child hair care	97min	1.50
Building Brilliant Brains Through Bonding DVD	Nancy Thomas; Attachment.org	Geared towards children with emotional illness	50min	1.00
From Chaos to Calm: Emotional Regulatory Healing: A full LIVE lecture recording	Juli Alvarado, MA, LPC, NCC	“insights and understanding of your child’s behaviors, and most importantly what to do with them”	6 hrs	6 hrs
Head lice: A Healthy reaction	Indiana Board of Health	Medical Issues	30min	.50
Inside The Teenage Brain – PBS Video Frontline	PBS	Adolescents behavior	60min	1.00
Look What You've Done ; Learning Disabilities and Self Esteem	PBS and Dr Robert Brooks Harvard	Learning Disabilities	66min	1.00
Medication For ADHD: Yes Or No?	Thomas Phelan	ADHD Discussion	133mi	2.00
1-2-3 Magic - Managing Difficult Behavior in Children 2-12 DVD – TO BE USED IN GROUP DISCUSSION ONLY WITH TRAINED FACILITATOR	Thomas Phelan	Effective Parenting	180mi	3.00
Scared Silent	1-800-4 A CHILD	Parenting – Sexual Abuse Communication	60min	1.00
Second Best	Nathan Yapp, William Hurt, Keith Allen, and Chris Cleary Miles	Attachment	90min	1.50
Setting Your Child Up For Success: Anticipating & Preventing Problems	Boy’s Town	Parenting – Communication	30min	.50
Shaking, Hitting, Spanking: What To Do Instead	Indiana Prevention of Child Abuse	Parenting	30min	.50
Sibling Rivalry	Cline/Fay Institute	Parenting	30min	.50
Smart Discipline for Parents	Larry Koenig, Ph.D	Parenting-Development-Discipline	90min	1.50
Surviving Your Adolescents: How to Manage and Let Go Of Your 13-18 Year Olds DVD	Thomas Phelan	Parenting	133mi	2.00
The Baby Care Home Video	The Baby Care Workshop	Parenting - Development	60min	1.00
The Five Steps to Changing Disturbing Behavior - Stand up to Your Children and Help Them Grow (Volume One)	The Parent Process (2004)	Behavior	90min	1.50
The Orphan Trains - American Experience DVD	None	Adoption	60	1.00
The Road to Adoption and Foster Care	AdoptUSKids	Adoption	82min	1.75

Touch points: One Year Through Toddlerhood	Dr. T. Berry Brazelton	Parenting – Development	45min	.75
Understanding Learning Disabilities: How Difficult Can This Be? The Frustration, Anxiety, Tension (F.A.T.) City Workshop (1989)	City Workshow	Understanding Learning Disabilities	70min	1.00
Why Won't You Behave?	Purdue Extension Service	Parenting – Development	30min	.50
MOVIES/DOCUMENTARIES <i>Please check with your RFCS for questions relating to the movie of you choosing</i>		TOPIC		
Antwone Fisher	Denzel Washington	Growing up in foster care, aging out and reconnecting.	120mi	2.00
Behind the Glass Door: Hannah's Story DVD	Karen Pascal	Autism	90min	1.50
Beyond Acceptance	Larry Bowron	Pre-adoption struggles	90min	
Blindside	Sandra Bullock	Cross-cultural families	120mi	2.00
December Boys	Daniel Radcliffe, Lee Cormie	Understanding the stress and fear children face when waiting for adoption	105mi	1.75
“Frontline: The Medicated Child”	PBS series	Children who are medicated for various mental health reasons	56min	1.0
Georgia Rule	Jane Fonda, Lindsay Lohan	Child sexual abuse and the effects on the child and family	113mi	1.75
Gracie's Choice	Anne Heche	Overcoming Abusive mother	91min	1.50
Holiday Heart	Ving Rhames, Alfre Woodard	Drug Addiction of a parent	133mi	2.00
In the Best Interest of the Children	Sarah Jessica Parker	What is best for the children	120mi	2.00
Losing Isaiah	Jessica Lange, Halle Berry	Attachment and bonding	106mi	1.75
Martian Child	John Cusack, Joan Cusack, Amanda Peet, and Bobby Coleman	Adoption	107mi	1.75
Pictures of Hollis Woods	Sissy Spacek	Living in Foster Care	98min	1.75
Sherrybaby – (R rated) very graphic – not suited for children to view	Maggie Gyllenhaal, Brad William Henke	Making Changes/connections after Prison/birth parent struggles Rated R	96mi	1.50
White Oleander	Michelle Pfeiffer	Older youth in Foster Care	110mi	1.75
Off and Running	Documentary	Inter-racial adoption, identity, search for bio family	85mi	1.50
Buck	Documentary	Overcoming abuse, fostering	88mi	1.50
Shattered Spirits	Martin Sheen	Effects of alcohol on a family as seen through the eyes of the children	93mi	1.50
Problem Child	John Ritter	Attachment behaviors and bonding	81mi	1.25
America	Philip Johnson, Rosie O'Donnell	Foster care, parental substance abuse and effects of sexual abuse	97min	1.50
The Perks of Being a Wallflower	Logan Lerman, Emma Watson, Ezra Miller	LGBTQ youth, sexual abuse	102mi	1.50

Websites				
www.fosterparentcollege.com	Online Training			
www.fosterparents.com	Online Training			
www.IYL.org	Online Webinar			

www.INSource.org	Online Webinar			
Classroom				
Poison Prevention	Indiana Poison Center	Poison Prevention		2.0
Play Safe, Be Safe	Allen County Juvenile Fire setters Task Force	Fire/burn prevention- Designed primarily for those working with children ages 3 to 5		3.0
Body Safety	Sgt. Terry Hall			